

# Bethesda Eventide Times

## March 2025

[www.bethesdaeventidehomes.co.uk](http://www.bethesdaeventidehomes.co.uk)

Issue 56

Hello and welcome to our newsletter for March 2025!

Its been a very busy month for the Homes, with lots of activities but also lots of maintenance!

You may have noticed we have had some significant works completed within the car park! Not only does it look much tidier, we hope it should also ease the congestion. Thank you for your co-operation whilst these works have been completed.

We would like to draw your attention to our Easter Egg hunt, Fish and Chip tea, and quiz evening taking place on Saturday 5th April, a poster and more details are inside!

We have plenty planned for March, please see the theme days to the right. You would be welcome to join us for any of these activities, and we hope to see you soon!

We hope you enjoy March's newsletter!

From all at Bethesda Eventide Homes

### March Dates

**March 4th**

Pancake Day

**March 11th**

Seated Zumba

**March 12th**

Plant a flower day

**March 14th**

Fitness with Luke

**March 17th**

St Patrick's Day

**March 21st**

Kiddleydivey

**March 24th**

Waffeldagen

**March 28th**

Fitness with Luke

**March 30th**

Mother's Day



# Feed the birds Day

The power tools were out in the lounge for feed the birds day, where we constructed some lovely bird feeders. We are very pleased to confirm that no one screwed theirs into the dining tables!





# ST. PATRICK'S DAY

## WORD SCRAMBLE

1. CRELENPAEUH \_\_\_\_\_
2. AIOWRNB \_\_\_\_\_
3. AHSMKCRO \_\_\_\_\_
4. HMRAC \_\_\_\_\_
5. ARDLIEN \_\_\_\_\_
6. GNERE \_\_\_\_\_
7. CYLKU \_\_\_\_\_
8. ODRNCE EBEF \_\_\_\_\_
9. TPO FO DLGO \_\_\_\_\_
10. ONDRITIATI \_\_\_\_\_
11. DAPARE \_\_\_\_\_
12. IGJ \_\_\_\_\_



# ST PATRICK'S DAY

## Word Search

S H W E G E I W X F T C H Y N  
 D T M O D Z M C E Y R G I J U  
 W N P A B F E E J S A I U N A  
 O L R A A U N B Z H D D G C Y H  
 R A N X T D I A A G I Q G B C  
 P C L B E R M A N S T B B Z E  
 Z G L N C R I Y R T I I P F R  
 Z S R N O I A C P E O A U X P  
 I O A C S X I G K G N M J Y E  
 C U K W N Q K D N A L E R I L  
 P O T O F G O L D B U G X F M  
 C L O V E R R O C B C Q S A L  
 T D B E M D I E P A K V R X E  
 W U Q I U A C Q E C Y C Y O T  
 C J E W J G W X E N H G R H O

- |             |            |             |
|-------------|------------|-------------|
| CABBAGE     | JIG        | POT OF GOLD |
| CLOVER      | LEPRECHAUN | RAINBOW     |
| CORNER BEEF | LUCKY      | SHAMROCK    |
| GREEN       | MARCH      | ST PATRICK  |
| IRELAND     | PARADE     | TRADITION   |



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.

# Valentine's Day

We had a very lovely valentines day! We did some crafts, and made some cards that we wrote our loved ones and reminisced about romantic dates and occasions! The kitchen prepared a lovely valentines lunch that was enjoyed by all. In the afternoon we were visited by Luke for his armchair fitness class, and he brought everyone a red rose! We enjoyed a delicious cream tea in the evening accompanied by a violinist who provided some evening entertainment.











We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.





*12th  
June*

*Beach  
Day*

**An advance date for your diary!**

**Join us on Thursday 12th of June for a trip to "The Hut" on Felixstowe Seafront, for a day at the seaside and a fish and chip lunch!**

**Further details to follow!**



# Target Games







If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!







# EASTER Event



SATURDAY 5TH APRIL

3PM - 5PM - EASTER EGG HUNT,  
REFRESHMENTS, FAMILY ACTIVITIES

5PM - 6:30PM - FISH AND CHIPS

6:30PM - 8:30PM - QUIZ

YOU ARE VERY WELCOME TO JOIN US FOR ANY  
OF THE ACTIVITIES DURING THE EVENT, IT  
WOULD BE GREAT IF YOU COULD LET US KNOW  
IF YOU PLAN TO JOIN US!





# Bethesda SwopShop

We enjoyed something different this month, hosting a "swopshop". Many people kindly donated preloved items of clothing and accessories, which we enjoyed modelling before choosing whether we would like to keep them. There was lots of fun and laughter, and at least a couple of hats and cardigans found new homes too!





In old Roman calendars, one year used to be ten months long, starting in March and ending in December.

The “Ides of March” was a day in the Roman calendar equivalent to March 15<sup>th</sup>. It was considered a deadline for settling debts. It was also the day Julius Caesar was assassinated.

If you were born in March, your birth flower is a daffodil!

The first month of spring is March, which starts between the 19<sup>th</sup> and the 21<sup>st</sup>.

March is the equivalent of September in the Southern Hemisphere.

Every year, March and June finish on the same day of the week.

March is the time of year when animals start waking up from hibernation.

The name for March comes from Mars, the Roman god of war. It was named as such in both the Julian and Gregorian calendars.

The Vernal Equinox occurs around March 20 or 21<sup>st</sup>. This is when the sun is directly above the equator, making the day and night equal length.

The Anglo-Saxons called March “Hlyd monath” meaning “Stormy month” or “Hraed monath” meaning “Rugged month.”

Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



[carehome.co.uk](https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ) <https://www.carehome.co.uk/carehome.cfm/searchazref/10001515BETZ>



# Pizza Making





# Out and About...





In February we enjoyed celebrating Hilary and Shirley's birthdays. Happy Birthday Hilary and Shirley!

In March we look forward to celebrating with Phyllis, Pat, Faith, Ann and Diane! We look forward to sharing some birthday pictures again next month!



## Bethesda Eventide Homes

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