

# Bethesda Eventide Times

## January 2025

[www.bethesdaeventidehomes.co.uk](http://www.bethesdaeventidehomes.co.uk)

Issue 54

Hello and welcome to our first newsletter of 2025, and may we wish you a Happy New Year!

We hope you have all had a lovely Christmas time, spent with lots of friends and family. The Home has been full of activities and visitors which has led to a very busy month!

We enjoyed our Family Christmas party, with guests of all ages coming to join us for the festive activities we had on offer, and to see Father Christmas too!

Please see to the right the activities planned for January, which you are all welcome to join us for, please do invite your friends and families! There is plenty planned, and we are expecting lots of visitors throughout the month, so we look forward to seeing you soon!

We hope you enjoy January's newsletter, and we wish you all a happy new year!

from all at Bethesda Eventide Homes

### January Dates

**January 6th**  
Shortbread Day

**January 9th**  
Bath Bomb Making

**January 14th**  
Seated Zumba

**January 24th**  
Kiddleydivey

**January 24th**  
Burns Night

**January 29th**  
Chinese New Year



# Beauty and the Beast

One of our first festive events was a visiting performance of Beauty and the Beast. It was a lovely evening that started off a wonderful Christmas time, great fun was had by all, and we had a one year old and a 97 year old dancing up the front at the wedding party at the end!





# Otley Bell Ringers



# JANUARY

The Anglo-Saxons called January “Wulfmonath” as it was the month hungry wolves came scavenging at people’s doors.

The Romans named it January after Janus, the God of gateways.

Janus had two heads so he could look in both directions, back at the old year and forward towards the new year, at the same time.

According to the International Standard Organisation’s ISO 8601, week 1 of any year is the week including January 4.

Daytime temperatures in January make it the coldest month of the year in the UK. February nights are colder in England (but not Scotland).

The only Shakespeare plays that mention January are *Much Ado About Nothing* and *Winter’s Tale*.

The birthstone for January is the garnet; the flower is the carnation.

The first recorded reference to a “January sale” in the UK was in 1865.

There is a variety of cold-tolerant winter cabbage grown in England known as January King.

January’s Moon is called the Wolf Moon. The Saxon word for the month was Wulfmonath or “wolf month.”



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

# Christmas Party



We were joined by many guests for our annual Family Christmas party. We had carol singing led by the Salvation Army, gingerbread decorating, refreshments and of course a visit from Santa! It was an evening that was enjoyed by all ages, and it was magical to see the residents and their families and many other guests experiencing a Christmassy evening together.









If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!





# Monthly Brainteaser

Please see below two Sudoku puzzles to keep you busy! Also the answers to our December quiz are listed, we hope you found them all!

We also need to congratulate "John's Joker" on their victory in our quiz night. They were able to take part from within the Homes, so a very big well done goes to John and his family, a prize will be on its way!

## December Quiz - Answers

How many of the carols/songs were you able to find in the picture quiz in last month's newsletter?

- O Little town of Bethlehem
- Last Christmas
- Rudolph the Red-Nosed Reindeer
- 12 days of Christmas
- Santa Claus is coming to town
- Away in a Manger
- 2 Become 1
- Rockin' around the Christmas tree
- Silent Night
- White Christmas
- Christmas Wrapping
- All I want for Christmas is You
- Jingle Bells
- We 3 Kings of Orient are
- Little Drummer Boy
- Mistletoe and Wine
- The Holly and the Ivy
- Fairytale of New York
- Step into Christmas
- Stay another Day
- killing in the name
- Santa Baby

				4				5
	5	7			1			
	9		2		7	6		8
		9					1	7
8					4	2		
	1	4		2				6
		5		8				
			4		5			3
1		3	7					

8	4			7				
7				6	2			
			5			2		
		8	7				1	2
1	7				8		4	
	6			4	1			
		6					5	9
			9	8				6
			6				7	3

Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.



# Happy Christmas!





If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.

In December we enjoyed celebrating Betty and Rosemary's birthdays. Happy Birthday Betty and Rosemary!

In January we look forward to celebrating with John and Ruby and look forward to sharing some birthday pictures again next month!



## Bethesda Eventide Homes

Home Manager - Tom Horrex  
Business Manager - Karen Bannister  
Deputy Manager - Claire Cates

Bethesda Eventide Homes  
59a Henley Road,  
Ipswich  
IP1 3SN

01473 211431

[seniorteam@bethesdaeventidehomes.co.uk](mailto:seniorteam@bethesdaeventidehomes.co.uk)