

Bethesda Eventide Times

July 2024

www.bethesdaeventidehomes.co.uk

Issue 48

Hello and welcome to our newsletter for July 2024 - the fourth birthday of our newsletter!

Summer has finally arrived! We have enjoyed lots of sunshine, which has led to lots of outdoors activities, including our annual picnic in the park.

We continue to improve our outdoor spaces, and Nathan has been renovating some of our outdoor furniture. We should be receiving the glass for the pergola roof soon, and we will also be starting some work to improve some areas of the car park.

We have plenty planned for July, please see our main activity days to the right, you would be more than welcome to join us for any of our activities! Please also see inside details regarding this year's fun day which is coming very soon, we hope many of you will be able to join us for this!

We hope you enjoy July's newsletter!

from all at Bethesda Eventide Homes

July Dates

July 1st
International Joke Day

July 4th
Independence Day

July 10th
Beth's Baby Shower

July 13th
Family Fun Day

July 15th
Bastille Day

July 16th
Bumba with Sarah

July 19th
Kiddleydivey

July 25th
Sports Day with Dilly's
Daycare



Out and About...

We have thoroughly enjoyed the sunshine in June, with lots of trips out and about! As you will see, we have got up to lots, with many trips to a variety of places!





If you know of anyone who may like to receive our newsletter, please get in touch with the home so we can add them to our mailing list. Thank you!





The month of July is named after Julius Caesar by a decision of the Roman Senate in 44BC as July was the month of his birth.

Before that, it had been known as Quintilis (fifth) as it was the fifth month in the old calendar.

Until the 18th century, the word July in English had the stress on the first syllable and rhymed with duly or truly.

Although six months have passed, July 1 is not the mid-point of the year. The exact halfway point comes at 1pm BST on July 2nd in a non-leap year.

No month ends on the same day of the week as July unless it is a leap year, when January does too.

Julius is not now in the top 800 names given to newborn boys in the UK, though Julia is 85th for girls in England and Wales and 74th in Scotland. Julian comes 267th in England and Wales.

Seven US presidents have died in July, which is more than any other month.

In all parts of the UK July is on average the warmest month of the year.

After Apollo 11's launch on 16 July, watched by an estimated television audience of 530 million, even more tuned in as astronaut Neil Armstrong took the first ever step on the moon.



We have a Homes Facebook page! We will post regular updates regarding activities within the home etc. and we hope it will enable people to have further insight into the day to days occurrences at Bethesda Eventide. Please feel free to join the page and invite others also.

Picnic in the Park

The weather was beautiful for our annual picnic in the park. We were joined by many family and friends and made our way across to the park for the lovely picnic the kitchen had prepared - finished off with an ice cream - perfect!





Shot with my Galaxy A12

Family FUN DAY

- Live Music
- Petting Farm
- Fire Engine
- Barbecue
- Ice Cream Van
- Raffle & Other Games
- and Much Much More!

SATURDAY
13th July
11am - 4pm

Bethesda Eventide Homes



Keeping Active

We enjoy keeping active, whether its armchair exercises, Zumba or different sports, we can often be found enjoying one of these activities. Table Tennis and Crazy Golf have both been enjoyed over the last month - we just have to make sure people don't get too competitive!





Come on England!

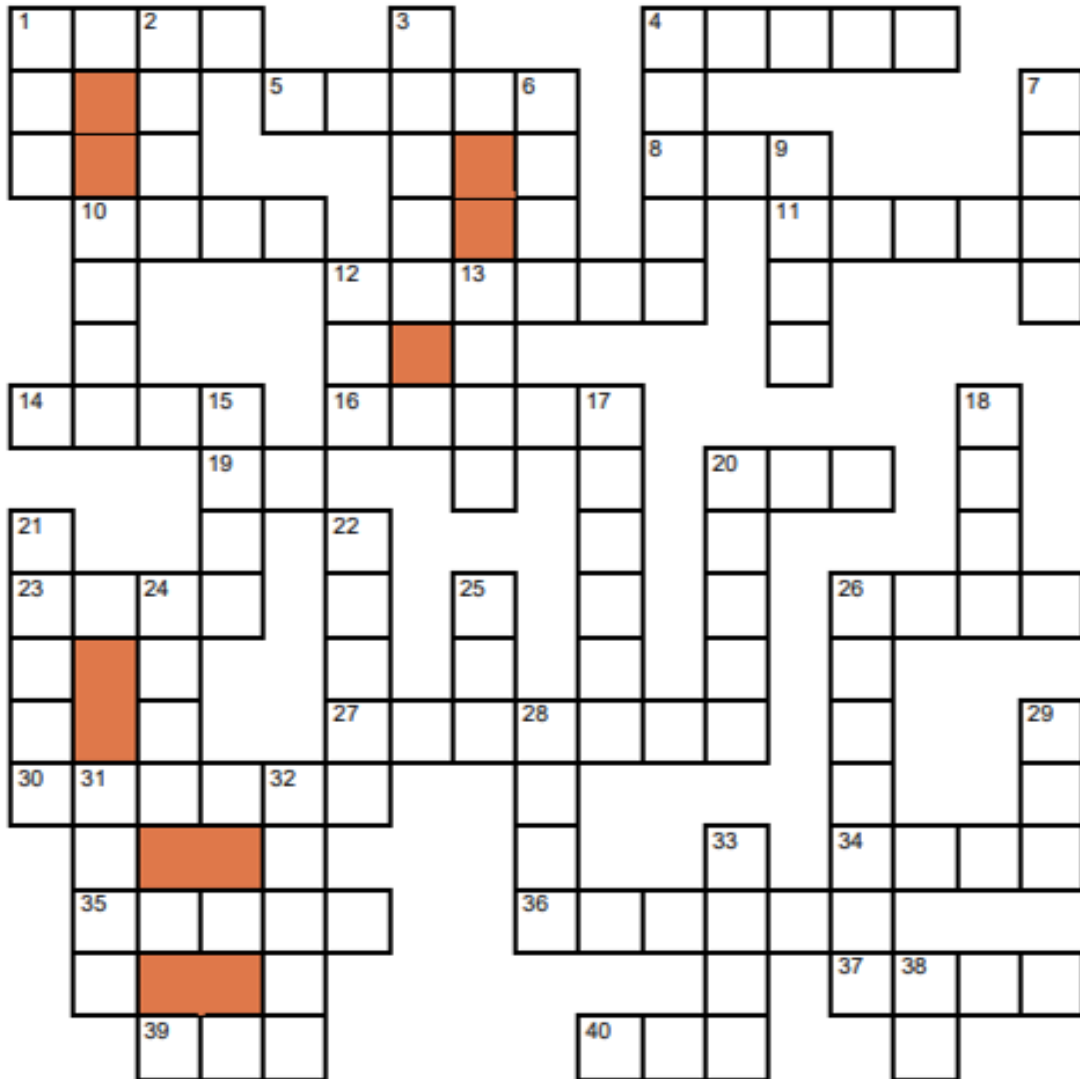
Many of our residents have enjoyed watching the football - especially cheering on England. Football has taken over the quiet lounge over the last few weeks. One question on everyone's lips is can England go all the way?!



It is with great sadness that we include the news of the passing of Audrey Jarritt since our last newsletter. Audrey had lived with us for nearly 2 years but had been known to the Home for many years being a member of Bethesda Baptist Church

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?" **John 11 v 25 & 26**

Antonyms



Directions:

Find the opposite of each word and write it in the crossword grid!

Across

- 1. Sick
- 4. Asleep
- 5. True
- 8. Bottom
- 10. Leave
- 11. Teach
- 12. Worse
- 14. More
- 16. Old
- 19. Off
- 20. Skinny
- 23. Under
- 26. Messy

Down

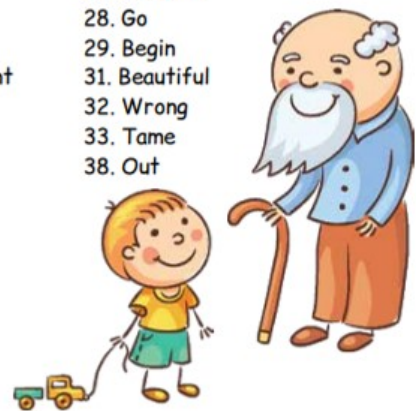
- 1. Lose
- 2. First
- 3. Open
- 4. Before
- 27. Absent
- 30. Full
- 34. Soft
- 35. Cry
- 36. Rude
- 37. Sink
- 39. Dry
- 40. Subtract

Across

- 6. West
- 9. Work
- 10. Different
- 12. Girl
- 13. False
- 15. Sweet
- 17. Rough
- 18. Hot
- 20. Sink
- 21. South
- 22. Sad
- 24. Odd
- 25. Truth

Down

- 26. Student
- 28. Go
- 29. Begin
- 31. Beautiful
- 32. Wrong
- 33. Tame
- 38. Out



If you see a photo in our newsletter of a loved one and would like a copy of it, please get in touch with the home so we can provide you with the original.

Peely Helpful

A number of residents enjoy lending a helping hand to the kitchen to help prepare lunch! From vegetable peeling, to making dessert, its lovely to see our residents getting involved with the food preparation!



Carehome.co.uk is an excellent tool for supporting people in choosing a care home. If you would be willing to leave a review on this site, this would be most welcome.

In June we celebrated with Joan, Betty and John on their birthdays!

In July we look forward to celebrating Shirley and Hazel's birthdays. We hope to be able to share photos of their celebrations in our next newsletter!



Bethesda Eventide Homes

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